



## **Bow Valley Freestyle Rundle Rumble 2023 Club Competition**

**Mount Norquay, Banff AB  
January 20 - 22, 2023**

On behalf of the Bow Valley Freestyle (BVF) and the Event Organizing Committee, it is our pleasure to invite you to attend the Rundle Rumble, Club Competition at Mount Norquay, Banff, AB on January 20-22, 2023.

Please see the enclosed information regarding registration, banquet, lift tickets, preferred accommodations, volunteer support, as well as a provisional event schedule. Registration is on a first come first serve basis as we only have space for 100 registrants, so please sign up soon to ensure your spot.

**Deadline to register is Sunday, January 16, 2023.**

Athletes and Coaches can check in at our event registration desk located in the Day Lodge: second level on Friday and Sunday. Saturday registration desk is on the main level.

We look forward to seeing you at Mount Norquay and wish you the best of luck!

**BVF ski team would like to thank the following partners and sponsors  
who help make this event possible!**

Mount Norquay  
[www.banffnorquay.com](http://www.banffnorquay.com)



Ski West: Mountain Division  
[www.skiwest.ca](http://www.skiwest.ca)



### Event Organizing Committee

|  |                                      |
|--|--------------------------------------|
| <b>Chief of Competition</b>                  | Jolene Kober                         |
| <b>Organizing Competition Chair</b>          | Ann-Cay Zurbriggen                   |
| <b>Technical Delegate</b>                    | TBD (Appointed by Freestyle Alberta) |
| <b>Competition Head Judge</b>                | Yumiko Suzuki                        |
| <b>Chief of Registration/Comp. Secretary</b> | Melanie Popp                         |
| <b>Chief of Course</b>                       | Matt Beck                            |
| <b>Chief of Scoring</b>                      | Dan Martyna                          |
| <b>Volunteer Coordinator</b>                 | Carol Vickery-Sulis                  |

### Schedule

(Subject to change)

| Date                           | Time               | Action   | Details  |
|--------------------------------|--------------------|--|--|
| <b>Friday<br/>Jan.20, 2023</b> | 7:30 am - 3:30 pm  | Registration/info desk open  | Location: Day lodge – 2 <sup>nd</sup> Floor Kika's Room  |
| <b>Training<br/>Day</b>        | 8:30 am            | Early access to chairlift (for course volunteers only). To be confirmed. Not guaranteed. | Course crew may have to walk up or ski to mogul course. Heavy/larger items may need to be transported using patrol snowmobile. |
|                                | 9:00 am            | Lifts open. Use Cascade chair for slopestyle training, Spirit for moguls.                | Take Cascade chair lift up and proceed, skiers left, to Spirit chair. Take cat track left at top of Spirit.                    |
|                                | 9:15 am - 12:00 pm | Official slopestyle training   | Slopestyle course: Cascade Terrain Park. Athletes must wear bibs.  |
|                                | 9:15am - 11:30 am  | Mogul course prep  | Volunteers only. Mogul Course: Asteroids   |
|                                | 12:00 pm - 3:30 pm | Official mogul training  | Mogul course: Asteroids<br>Athletes must wear bibs.  |
|                                | 4:30 pm - 5:15 pm  | Team Leaders meeting   | Top Floor Norquay Day Lodge  |

Bow Valley Freestyle Rundle Rumble 2023 Club Competition

| Date                             | Time               | Action   | Details   |
|----------------------------------|--------------------|--|---|
| <b>Saturday<br/>Jan.21, 2023</b> | 7:30 am - 10:00 am | Volunteer day pass pick-up   | First floor at Day Lodge  |
| <b>Mogul<br/>Competition</b>     | 7:30 am - 3:30 pm  | Registration/info desk open  | Location: Day Lodge - 1st Floor Day Lodge   |
|                                  | 8:30 am            | Early access to chairlift (for course volunteers only). To be confirmed. Not guaranteed. | Course crew may have to walk up to mogul course, or use snowmobile from patrol to transport heavy/larger items. |
|                                  | 9:00 am - 9:30 am  | Lifts open. Course prep  | Mogul course: Asteroids   |
|                                  | 9:30 am - 9:45 am  | Mogul course inspection  | Mogul course: Asteroids<br>Athletes must wear bibs.<br>Comp = 2 runs  |
|                                  | 9:45 am - 10:30 am | Official mogul training  |   |
|                                  | 10:30 am - 3:30 pm | Mogul competition  |   |
|                                  | 4:00 pm - 4:15 pm  | Team leaders meeting   | Top Floor Norquay Day Lodge   |
|                                  | 5:30 pm - 9:00 pm  | Banquet, silent auction and awards   | Melissa's Missteak in Banff (201 Banff Ave)   |

| Date                              | Time               | Action   | Details   |
|-----------------------------------|--------------------|--|---|
| <b>Sunday<br/>Jan. 22, 2022</b>   | 7:30 am - 10:00 am | Volunteer day pass pick-up                         | Day Lodge Kika's  |
| <b>Slopestyle<br/>Competition</b> | 7:30 am - 3:30 pm  | Registration/info desk open                        | Location: Day Lodge 2 <sup>nd</sup> floor Kika's room           |
|                                   | 8:30 am            | Early access on chair (for course volunteers only) | To be confirmed. Course crew.                                   |
|                                   | 9:00 am - 9:30 am  | Lifts open. Course prep                            | Slopestyle Course: Cascade                                      |
|                                   | 9:30 am - 9:45 am  | Slopestyle course inspection                       |   |
|                                   | 9:45 am - 10:30 am | Official slopestyle training                       |   |
|                                   | 10:45 am - 3:30 pm | Slopestyle competition                             |   |
|                                   | 3:45 pm            | Awards presentation                                | Location: on main floor deck, if weather permits, otherwise TBD |

## Competition Entry Information:

**Registration:** Registration deadline is **Sunday, January 16, 2022**. **Athletes are responsible for their own registration.** To register, please use the following link: <https://snowreg.com/#!/events/Club-Comp-Norquay-SS-MO-202301>. Registration will be capped at 100 athletes. Athletes will be registered on a first come first serve basis. Please register early to avoid disappointment. Coaches should ensure all athletes registering for the event can safely ski the venues. **Athlete registration includes a banquet ticket.** We will not be refunding tickets for those athletes that choose to not participate in the banquet.

**Club Athletes:** Entry fees per participant are **\$150 for both moguls and slopestyle events**. All Club athletes must register to compete in both moguls and slopestyle events.

**Payment:** Athletes are required to pay registration fees online at time of registration.

**Rules:** The event is sanctioned by Freestyle Canada and organized by Bow Valley Freestyle Ski Team in partnership with Freestyle Alberta. The Club competition comprises two events- moguls and slopestyle. All Club athletes must have a Freestyle Canada Certified coach present. All athletes/coaches must have Aerial Passport readily available to present to the event jury. Qualification is required for all inverted maneuvers. All athletes must have an active Freestyle Alberta Club athlete membership. All athletes must have a valid CFSA license to compete (Can Free 1&2 - Club Level).

**Aerial Qualifications:** All athletes must have up to date qualifications for jumps they are performing in all disciplines. The technical delegate will verify a random selection of athlete qualifications during the team leaders meeting, the day before each event, with the coach of the athlete. Verification of qualifications will be accepted from any of the following sources:

- Signed Aerial Passport held by coach/athlete
- Completed & signed qualification forms
- CFSA qualification databank

**Format:** The slope course will have a variety of features/jumps. Moguls will be Modified Development Moguls format with a long mogul section, one jump table, and few or no moguls in the final section. Slope and Moguls are best of two runs.

**Athlete Age Categories:** According to the birth year, as of January 1st, 2023, athletes will compete in the age categories of U16, U14, U12, or U10. Under age athletes will compete in the U10 category. Medals will be handing out for U10 to U16 categories only.

- U16: 14 & 15 years of age as of January 1, 2023
- U14: 12 & 13 years of age as of January 1, 2023
- U12: 10 & 11 years of age as of January 1, 2023
- U10: 8 & 9 years of age as of January 1, 2023

**Bibs:** Athletes are to purchase bibs through Freestyle Alberta prior to the club competition. Bibs must be worn properly for all on-site training and for the competitions.

## **Lift Ticket Purchase:**

We have confirmed special event Mt. Norquay lift tickets. You can purchase your tickets when you arrive at Mt. Norquay and please note you are with the Bow Valley Club Competition. The pricing is as follows:

- Coaches & Competitors 13+: \$60
- Competitors 13 and under: \$31

## **Banquet/Social (Saturday, January 21, 2022):**

The Banquet will be held at **Melissa's Missteak in Banff** on Saturday, January 21, 2023. The restaurant is located in the Town Centre Mall at 201 Banff Ave #2, Banff, AB. It will include a pasta buffet bar with drinks, cash bar, 50/50 raffle, silent auction and a photo booth to capture some goofy and fun memories! We will also have Rundle Rumble merch to purchase.

Doors open at 5:30 pm with dinner being served at 6:00 pm (FYI Melissa's closes to minors at 10pm). Parking can be difficult in Banff, so you may want to consider walking, take Banff Transit or taxi to the event. \*\*Please note tickets must be purchased in advance.

**Ticket Pricing: \$35/ticket for 17 years and up, \$25/ticket for 16 and under, kids 6 and under are free**

**YOUR ATHLETE'S TICKET IS INCLUDED IN THEIR REGISTRATION.**

If you wish to purchase additional tickets, visit: <https://www.eventbrite.com/e/rundle-rumble-banquet-2023-tickets-491374152317>

## **Athlete Bios:**

We want to cheer all our athletes on. To expedite registration, please fill out your athlete bio prior to the competition here: <https://forms.gle/HinUigQY3wM5Na2i6>

## **Event Cancellation:**

If the event is canceled the weekend of the event, each athlete registered will be refunded all but \$20 of his or her total entry fee. This is to cover the costs of expenses incurred to set-up the event.

## **Injury Refund:**

Should an athlete get injured during training for the event and is unable to compete, the athlete will be refunded registration fees less a \$20 administration fee. The coach should notify the registration desk the day the injury occurs in order to be eligible for a refund. A CFSA accident report should accompany the request for a refund. Any other requests will be at the discretion of the organizing committee.

## Volunteers:

Please see the following Sign-Up Genius links:

Friday, Jan. 20: <https://www.signupgenius.com/go/409054FA9AA2CABFE3-friday1>

Saturday, Jan. 21: <https://www.signupgenius.com/go/409054FA9AA2CABFE3-satjan>

Sunday, Jan. 22: <https://www.signupgenius.com/go/409054FA9AA2CABFE3-sunday>

A limited number of complimentary lift tickets will be available to on-snow volunteers, if not a season pass holder. If you have any questions, please contact Carol Vickery-Sulis at [sulis.clan@gmail.com](mailto:sulis.clan@gmail.com).

## Accommodations:

### Banff Lodging Co.

Various hotel properties with availability in Banff. Please see the following for booking information:

#### Telephone Bookings:

1. Call us at 1-800-563-8764.
2. Quote the **GOTEAMGO** promo code.
3. You will need to supply the Team Name of Bow Valley Freestyle.

#### Online Bookings:

1. Visit our Website [www.banfflodgingco.com](http://www.banfflodgingco.com)
2. Select BOOK ONLINE
3. Enter dates of stay
4. Keep all destinations selected
5. ADD CODE – in drop down menu select Promo/Corporate
6. Enter Promo/Corp Code **GOTEAMGO**
7. Select SEARCH NOW
8. Click BOOK to reveal additional available room
9. Discounted rates only valid with the Team Name BOW VALLEY FREESTYLE in SPECIAL REQUESTS

**Book early to avoid disappointment. Room rates can change without notice. Minimum night stays may be required. Multi-room blocks are not available. No pre-payment required to book. Individual cancellations up to 72 prior to arrival.** Visit us at [www.banfflodgingco.com](http://www.banfflodgingco.com) to view all hotels.

## Additional Information:

Please contact Karla Platt ([communications@bowvalleyfreestyle.com](mailto:communications@bowvalleyfreestyle.com)) with any questions.

**We look forward to seeing you at the  
2023 Bow Valley Freestyle Rundle Rumble!**