

Athlete Profile

Alex Urquhart



Home Town: Calgary, AB

D.O.B: November 19, 2000

Nickname: Al Dog, Big Al

Why freestyle Skiing? I enjoy my time on skis and freestyle skiing gives me a sense of accomplishment that I have not found in other areas of my life. Skiing allows me to be creative to ski how I want and draw inspirations from other sports such as skateboarding and snowboarding. By incorporating the other elements of my life I have been able to create my own style.

Hobbies: Skiing, Mountain Biking, Skateboarding, Photography

My idol is: There are a number of skiers that I look up to and have inspired me. The first skiers I watched were TJ Schiller and Sammy Carlson in a Warren Miller movie, the fun that they were having on their skis made me want to be like them. Lately, I have really looked up to Quinn Wolferman and Colby Stevenson for their ability to further their skiing in all aspects from high level competitions to filming in the streets and backcountry all while producing high quality social media content.

My motto is: We some damn monsters.

Person who has had the greatest impact on me: As a freestyle athlete, Dave Stevenson has been an influence throughout my development. I have been skiing with Dave since I was 8 years old when he was Fernie Freestyle's coach at Canada Olympic Park. Dave helped me learn my first flips and eventually my first corks and mistys. I joined Dave at Calgary Freeriderz where he is head coach. Dave's positive energy and ability to build confidence has made me be able to achieve my goals and conquer my fears. Dave has been a huge factor to getting me to where I am in skiing and as a person.

Something you wouldn't know about me: I am not actually a dog.