

Alberta SS/HP Development Framework

Overall the goal of this program is to leverage the resources of the AB SS/HP team for the greater good of the Freestyle AB community of athletes, clubs and coaches.

- The primary goal of this program is Athlete development.
- Providing Coach development opportunities is a secondary goal of this program.

Components of this program

1. The AB SS/HP Team Head Coach can invite the top 1 or 2 athletes per training camp with an invitation extended to the club Head Coach or delegate to attend as well. Club coaches attending on this invitation would be attending in a mentorship capacity and their home club would be responsible for their costs. Athletes will be invited based primarily on RPA but also showing promises with skill development and moving onto the team in future years. The initial invitation will be sent to their club head coach and AB Freestyle will solicit coach recommendation and feedback. AB Team Head Coach will have discretion as to which athletes and how many athletes are invited per camp. Invited Athlete cost will be based on a day rate established by AB Freestyle.
 - a. If a Club Coach accepts 'mentor' opportunity, they can choose to bring along another 1-2 athletes from their club subject to a discussion on athlete suitability with Head Coach Chris Ebborn
2. Clubs and Coaches that are interested in "Shadow / Mentor" opportunities with the AB SS/HP Team Head Coach are welcome on a first come first serve basis. The expectation is that they will assist in coaching and gain coaching skills based on their experience working with the team and head coach. Club coaches attending on this invitation would be attending in a mentorship capacity and their home club would be responsible for their costs. Please reach out to hello@gfreestylealberta.ski if you are interested.
 - a. If a Club Coach accepts 'mentor' opportunity, they can choose to bring along another 1-2 athletes from their club subject to a discussion on athlete suitability with Chris Ebborn.
3. AB Freestyle is open to sharing venues with clubs looking to run their own programs alongside the AB SS/HP team. Venue capacity restricts this in many cases but interested clubs are encouraged to reach out to hello@freestylealberta.ski
4. AB Freestyle plans to open training opportunities during the winter season while training at COP and local hills within Alberta for top club athletes that are showing skill that could possible fit in to target some higher competition



opportunity such as Canada Cup or Nor Am with the team where their club would not have the means to support them.

5. Coaches interested in discussion their Athletes development with Chris Ebborn are welcome to reach out to him at cebbern@gmail.com or hello@freestylealberta.ski

Targeted Camps

Provincial Team Training Schedule: (Dates subject to Change)

Camp Park City	July 21-22
Camp COP or Maximize	Oct 13-25
Camp/Canada Cup Event Yukon	Nov 16-Dec 2

COMP SEASON Jan-April

TBD – opportunities situation specific and per athlete could target camps and events (Canada,NorAm)