

Freestyle Alberta Covid-19 Policy

This policy is to ensure that Freestyle Alberta (“FA”) has undertaken due diligence to protect our members in light of covid-19:

- Freestyle Alberta supports Alberta Health Services along with the recommendations of your local health region and municipality in regards to Covid-19 Safety . (i.e. Calgary State of Emergency might be different than that of Grande Prairie)
- Clubs must read, understand and stay up to date on all of Alberta Health Services' (<https://www.alberta.ca/coronavirus-info-for-albertans.aspx>) updates and recommendations in order to provide the utmost safety and protection for coaches, athletes, volunteers and parents.
- Coaches and club presidents must discuss and create a plan on how to mitigate risk for athlete and volunteer safety. For example, the full risk cannot be mitigated by ensuring that everyone present is young. Be creative and problem solve. Each club will have its unique challenges and therefore a Hazard Identification should be conducted. This would include a written plan on how to comply with AHS recommendations.
- We encourage breaking into small training groups and staggering start times to prevent more than the government mandated group size for social / physical distancing at one site at any time. Extra precautions and procedures should be incorporated into your training plan from last year.

Club activities should comply with the Government of Alberta guidelines, standards, and recommendations.

Please See Alberta Re-launch strategy for further Information.

<https://www.alberta.ca/external/covid19-alberta-relaunch-strategy.pdf>

COVID-19 UPDATE // April 30, 2020

RELAUNCH

Current state	Stage 1	Stage 2	Stage 3
Early reopenings include: <ul style="list-style-type: none"> • Outdoor recreation • Elective surgeries • Allied health services • Religious services and funerals, with existing restrictions 	Opening includes: <ul style="list-style-type: none"> • Retail services • Hair styling and barbering • Daycares • Restaurants, cafes, and lounges and bars –with 50% occupancy limits • Museums and art galleries • Additional outdoor recreation • Additional allied health services 	Opening includes: <ul style="list-style-type: none"> • Personal services • Massage and reflexology • Summer camps • Post-secondary institutions deliver online, in-person, or a blend of programming with restrictions • Potential K-12 schools, with restrictions • Movie theatres, with restrictions • Additional elective surgeries 	Opening includes: <ul style="list-style-type: none"> • Swimming pools, gyms, and arenas, with restrictions • Nightclubs, with restrictions • Industry conferences, arts and cultural festivals, all with restrictions • Major sporting events, with restrictions