



FREESTYLE ALBERTA - www.freestylealberta.ski/coaching-programs/
THE LOCKER - COACHING ASSOCIATION OF CANADA - <https://thelocker.coach.ca/>

FUNDAMENTALZ – COACH PATHWAY COACHES OF FUNDAMENTALZ & RECREATIONAL CLUB PROGRAMS EVENTS: SAPLING SESSIONS	
TRAINING MODULES	WHERE TO SIGN UP?
SAFE SPORT TRAINING	The Locker
FUNDAMENTALZ ONLINE MODULE	https://learn.freestylecanada.ski/courses/fundamentalz
MAKING HEADWAY IN FREESTYLE SKI	The Locker
MAKE ETHICAL DECISIONS TRAINING	CAC
MAKE ETHICAL DECISIONS ONLINE EVALUATION	The Locker
FUNDAMENTALZ ON-SNOW MODULE	Freestyle Alberta

*Coaches must achieve minimum FUNdamentalz “Trained” Status to coach sanctioned Freestyle Canada programs on snow

HIGHLY RECOMMENDED	
HIGH FIVE PRINCIPLES OF HEALTHY CHILD DEVELOPMENT	https://www.highfive.org HIGH FIVE PHCD-C Online training

RECOMMENDED NEXT STEP	
SKIING SKILLZ	Freestyle Alberta



COMPETITION INTRODUCTION – COACH PATHWAY			
COACHES OF CLUB TEAMS			
EVENTS: ALBERTA PROVINCIAL COMP			
AIR COACH	PARK & PIPE COACH	MOGULS COACH	WHERE TO SIGN UP?
SAFE SPORT TRAINING			The Locker
MAKING HEADWAY IN FREESTYLE SKI			The Locker
MAKING ETHICAL DECISIONS			CAC
	SKIING SKILLZ	SKIING SKILLZ	Freestyle Alberta
	MOGULS	PARK & PIPE	Freestyle Alberta
TEACHING AND LEARNING			CAC
PLANNING A PRACTICE			CAC
AIR 1 – TRAMPOLINE BASICS			Freestyle Alberta
AIR 2 – TRAMPOLINE INVERTS			Freestyle Alberta
AIR 3 – WATER RAMP / AIRBAG			Freestyle Alberta
AIR 4 - SNOW			Freestyle Alberta
CERTIFIED AIR	CERTIFIED MOGULS	CERT. PARK & PIPE	WHERE TO SIGN UP?
MAKE ETHICAL DECISIONS ONLINE EVALUATION			The Locker
	SKIING SKILLZ EVAL.	SKIING SKILLZ EVAL.	Freestyle Alberta
	MOGULS EVALUATION	PARK & PIPE EVALUATION	Freestyle Alberta
AIR 1 EVALUATION			Freestyle Alberta
AIR 2 EVALUATION			Freestyle Alberta
AIR 3 EVALUATION			Freestyle Alberta
AIR 4 EVALUATION			Freestyle Alberta
AIR PORTFOLIO	MOGULS PORTFOLIO	PARK & PIPE PORTFOLIO	Freestyle Alberta



COMPETITION DEVELOPMENT – COACH PATHWAY			
COACHES OF HIGH-PERFORMANCE CLUB TEAMS & PROVINCIAL TEAM PROGRAMS			
EVENTS: CANADA CUPS, CANADIAN SELECTIONS, CANADA GAMES			
PRE-REQUISITES	PRE-REQUISITES	PRE-REQUISITES	WHERE TO SIGN UP?
SAFE SPORT TRAINING			The Locker
MAKING HEADWAY IN FREESTYLE SKI			The Locker
MAKE ETHICAL DECISIONS			CAC
PLANNING A PRACTICE			CAC
AIR 1, 2, 3, 4 EVALUATIONS			Freestyle Alberta
SKIING SKILLZ EVAL.	SKIING SKILLZ EVAL.	SKIING SKILLZ EVAL.	Freestyle Alberta
PARK & PIPE EVAL.	PARK & PIPE EVAL.	MOGULS EVALUATION	Freestyle Alberta
COMP DEV HALF PIPE COACH	COMP DEV SLOPESTYLE COACH	COMP DEV MOGULS COACH	
DESIGN A BASIC SPORT PROGRAM			CAC
MANAGING CONFLICT			CAC
COACHING AND LEADING EFFECTIVELY			CAC
DEVELOPING ATHLETIC ABILITIES			CAC
PREVENTION AND RECOVERY			CAC
PSYCHOLOGY OF PERFORMANCE			CAC
LEADING DRUG FREE SPORT			CAC
PERFORMANCE PLANNING			CAC
MANAGE A PROGRAM			CAC
ADVANCED PRACTICE PLANNING			CAC
COMP.DEV HALF PIPE MODULE	COMP DEV SLOPESTYLE MODULE	COMP DEV MOGULS MODULE	Freestyle Canada
DOUBLES ON TRAMPOLINE			Freestyle Canada
DOUBLES ON AIR BAG			Freestyle Canada
DOUBLES ON SNOW			Freestyle Canada
CERTIFIED COMP DEV HALF PIPE COACH	CERTIFIED COMP DEV SLOPESTYLE COACH	CERTIFIED COMP DEV MOGULS COACH	
MAKE ETHICAL DECISIONS ONLINE EVALUATION			The Locker
LEADING DRUG FREE SPORT ONLINE EVALUATION			The Locker
MANAGING CONFLICT ONLINE EVALUATION			The Locker
HALF PIPE ON-SNOW TRAINING EVAL.	SLOPE ON-SNOW TRAINING EVAL.	MOGULS ON-SNOW TRAINING EVAL.	Freestyle Canada
HALF PIPE IN-COMPETITION EVALUATION	SLOPESTYLE IN-COMPETITION EVALUATION	MOGULS IN-COMPETITION EVALUATION	Freestyle Canada
HALF PIPE PORTFOLIO	SLOPESTYLE PORTFOLIO	MOGULS PORTFOLIO	Freestyle Canada