



**2025-2026**

# ***CANADA CUP GUIDELINES***

Aerials ♦ Halfpipe ♦ Moguls/Dual Moguls ♦ Slopestyle/BigAir/Rail  
Event



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## CANADA CUP SERIES (2 Layers)

### 1. High Performance stream (L2C-T2C):

The **Canada Cup - FIS Series presented by TOYO TIRES** includes the following events and disciplines :

- **Canada Cup - FIS Series Slopestyle/Halfpipe/Big Air/Rail Event**  
includes Canadian Championship (maybe other identified event)
- **Canada Cup - FIS Series Moguls/Dual Moguls**  
includes Apex Classic and Canadian Championship
- **Canadian Aerial Championship**  
\*FIS sanctioned events are open to foreign athletes.

### 2. Development Stream (T2T). The **Canada Cup - Development Series** includes the following events and disciplines :

- **Canada Cup - Development Park & Pipe Series** (Slopestyle/Halfpipe/Big Air/Rail Events)  
includes Canadian Junior Championships
- **Canada Cup - Development Mogul Series** (Moguls/Dual Moguls)  
includes Canadian Junior Championships (with Aerial event)

## A. Guidelines for all disciplines and events

### 1. Gender categories

Entries in any Freestyle Canada sanctioned events, including qualifying events for FIS competitions, will follow FIS gender categories. This is to ensure that all athletes that qualify for FIS competitions through a Freestyle Canada event are eligible to participate in such competitions.

To consult Freestyle Canada's Diversity, Equity, And Inclusion policy click [here](#)

### 2. Entry Fees

The following entry fees are recommended guidelines that cover the expenses of the event. Event budgets and costs to the athletes will be considered. All entry fees must be approved by Freestyle Canada.

- Canada Cup development series : 280\$
- Canadian Junior Championships : 300\$
- Canada Cup FIS series : 325\$
  - \*for 1-day events, LOC must discuss with FC event staff
  - \*structure of price presented based on 2+ days of competition per gender
  - \*fee prices are before taxes / responsibility of LOC to examine if required of collecting taxes

### 3. Refund Policy

- Once the event has begun (i.e. the start of the first practice session), no refunds will be issued.
- Refunds for injuries (or other extraordinary circumstances approved by FC) will be considered if the injury is reported to FC's Events coordinator at least 1-week prior the start of the event. The athlete's coach must send a medical expert note to [julien@freestylecanada.ski](mailto:julien@freestylecanada.ski) to validate the inability to compete. Once reviewed and accepted by FC, the LOC will proceed with a full refund.
- Any other refund requests shall be at the discretion of the Organizing Committee.
- If an event that has started is canceled due to weather or exceptional circumstances, no refunds will be provided (the organizing committee has already incurred all costs for the event). If the event is canceled in advance, some refunds may be provided based on the LOC loss recoveries.
- Any refunds issued will incur credit card and/or SnowReg transaction fees charged to the cardholder.

### 4. General timelines

- Canada Cup - Development Series: Quotas distributed to P/TSOs by November 7<sup>th</sup> and P/TSOs are responsible for allocating spots to their athletes directly.
  - P/TSOs are required to submit Athlete lists 1 month before the start of the event.
- Canada Cup - FIS Series : Freestyle Canada is responsible for selecting athletes using its rankings. For early and mid season event quotas, FC will allocate quotas by October 29<sup>th</sup>.
  - Late season events will be allocated at least 3 weeks prior to the start of the event.
- Participants must register 3 weeks prior to the start of the event (exception for last minute replacements). Within 3 weeks of the start of the event, unregistered spots will be offered to alternate athletes.
- Invitations for all Canada Cup events must be shared by November 25<sup>th</sup>.

- Alternate athletes will be considered until the start of the event. Once the 1<sup>st</sup> practice day has started, the competition will be closed.

## 5. Coaches lift tickets:

- LOC has to provide free lift tickets for coaches.
- The ratio for coaches lift ticket is a maximum of 1 per 4 athletes (the minimum of athletes is 1)
- Coach license is required
- Coaches and team officials must register through the SnowReg event link to be eligible for free lift tickets.

## 6. The Official Results sheet must contain the following information:

- The results become official once signed off by the Technical Delegate and the Head Judge. These results will be posted to the event's group chat.
- Results from qualifiers, semi-finals and finals must be published.
- Results from any form of live scoring is considered "unofficial"
- LOC must upload PDF and CSV results immediately following the competition to Freestyle Canada's Google Drive or similar platform.
- LOC must send live scoring links to [charles@freestylecanada.ski](mailto:charles@freestylecanada.ski) and [julien@freestylecanada.ski](mailto:julien@freestylecanada.ski).
- FIS ICR rules will be used to determine any ties
- National Team athletes will be ranked on the official final results and are eligible for medals and prize money (if applicable).

## 7. Calculation of results

Scoring will be done using a Freestyle Canada approved scoring program. Once signed off by the competition jury, all results shall be **uploaded directly to FC's National event drive**

- 2025/2026 Canada Cup - FIS series events will be scored using Freestyle Solutions (FIS events only).
- 2025/2026 Canada Cup - Development series will be scored using Winfree for Moguls/Aerials and Live Heats for SS/HP/BA.

- Live Scoring: Scores taken by the scorekeeper and published on the live feed shall be considered unofficial scores.

## 8. Development Series score calculations must include the following:

- Results will be published by discipline and by age category (medal ceremony for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> in each category)
  - Freestyle Canada reserves the right to merge categories if there are less than 5 athletes in one of the categories.
- Overall results will also be available to P/TSOs.
- Combined Champion (for Junior Nationals):
  - Must compete in all related disciplines to be eligible for Freeski (SS/HP/BA) or Freestyle (MO/DM/AE)
    - Results from Slopestyle, Big Air & Halfpipe are combined.
    - Results from Single Moguls, Dual Moguls & Aerials are combined.
  - Using the FIS WC Point System (WC RULES - 1.7.1), placing points are allocated to the top 15 ranked athletes in each discipline. The athlete with the highest point sum, coming from their three (3) events, is ranked the highest.
  - Tie Breaker Rule:
    - The athlete ranked the highest in Slopestyle or Moguls will move ahead

## 9. Modification to the start list

If an error appears on the start list, the team captains have 15 minutes after becoming aware of it during the TCM to notify scoring; otherwise, the error will be attributed to the team leaders, and the missing and/or incorrectly distributed name(s) will be added to the beginning of the start list.

## 10. Rankings

- Please consult : Canada Cup ranking criteria

## B. Event Planification

### 11. Knoll Master Risk Management Plan Protocol (MO/DM/AE/SS/BA)

- Mandatory position for each day of the event (including practice):
  - at least 1 person designated per jump knoll.
- A knoll Master must be positioned on the knuckle of the jump with clear visibility of the landing and visible to the athlete entering the take-off.
- For Slopestyle, the Knoll Master must have a flagging device to show wind direction.

### 12. Coaching area

FC strongly encourages LOC to create a dedicated Coaching area for each course:

- For moguls, this area must be at the bottom of the course and in the center of the slope.
- For aerials, this area must be on the knoll, near the jump ramps.
- For slopestyle, this area must be on the side of the slope or the jump.

The designated coaching area will be communicated at the Team captains' meeting.

### 13. Practice

- Each Canada Cup Event must provide 2 days of practice before the first day of competition.
  - Minimum requirement is to have 2 members of the Jury present during the 2nd practice day.
  - For Mogul FIS Series Canada Cups, Men and Women practice shall be separate for all sessions. Exception for Finals and Dual Moguls, when practice should be mixed prior to finals start.
  - For Moguls Development Series Canada Cups, depending on registration numbers and level of athletes, practice can be mixed by age categories or split between genders.
  - For P&P events, Competition day practices must be by heats (ideally no more than 2 heats per training block).
  - For all events and disciplines, athletes must have taken part in a minimum of 1 practice day prior the day of competition.



- Security requirements must be met as per the TD's direction.
- For practice days leading into the competition, the LOC must provide a minimum of 1 hour of practice per day for each athlete group (FC recommends practice sessions that are no longer than 2 hours). The schedule must take into consideration lap time, athlete skill level for the stage of competition, time required for an athlete to reach expected degree of difficulty. All schedules must be approved by FC.
- Practice time may vary or even be canceled due to extraordinary circumstances (ex: weather, course breakdown, etc.). The competition Jury, in consultation with the connection coach, makes the final decision.

#### **14. Emergency Action Plan (EAP) and First Responders (Ski Patrol)**

- Three (3) weeks prior to the event, Canada Cup Event Organizers must complete an Emergency Action Plan and share it with the Technical Delegate of the event and FC. If modifications are needed, the EAP must be completed 2 weeks prior to the event.
- The LOC needs to provide a minimum of 2 ski patrollers on competition sites for all scheduled practice and competition activities, including practice and competition days. If it is not possible to dedicate 2 ski patrollers for practice days, the TD must approve the EAP and the process 2 weeks before the first practice day.
- If an athlete is injured and both ski patrollers are required to escort the injured athlete off the course, the competition must be paused until 2 ski patrollers and a backboard have returned to the top of the course.
- Ski patrollers must be registered and active members of the Canadian Ski Patrol organization.

#### **15. Weather Day**

Due to the prohibitive cost to an Organizing Committee, there is no expectation to have a scheduled weather day. Any weather challenges will be discussed between the event Jury and FC Competitions Director. All efforts will be made to accommodate a fair and safe event.

#### **16. Snow Control date**

Canada Cup hosts are expected to demonstrate capacity to build a course that meets Canada Cup stage appropriate terrain, 2 weeks before the first practice date. In the event of poor snow

conditions, the LOC and Freestyle Canada will work on a contingency plan that will be communicated no later than 3-weeks from the first practice day.

## **17. Forerunners**

A maximum of 2 forerunners per gender per competition will be allowed. The hosting P/TSO will determine and guide the organizing committee on forerun spot allocation. Forerunners must be communicated to the LOC and FC 2 weeks before the event. If the delay is passed or there are available spots, FC will allocate the spots.

\*Spots may be added for National Team athlete return to ski protocols.

## **18. Designation of a connection coach**

A connection coach shall be designated prior to the event by FC. The connecting coach will act as the main point of contact with the Jury and be responsible to report any concerns regarding the course, schedule, judging and/or safety matters to the jury, on behalf of the coaches.

## **19. Group chats**

A group chat using Whatsapp or a similar app shall be created for each event to ensure clear communications, such as: formats, schedules or any other pertinent information judged relevant to share from the LOC to the coaches. These groups are used by the LOC as a one-way channel to communicate with the coaches. Any concerns from the coaches or athletes should be communicated through the connecting coach to a Jury member or at a Team Captain's meeting.

## **20. Judge panel numbers:**

- Canada Cup - FIS Series & Championships HP/SS/BA – 5 scoring Judges, 1 Head Judge
- Canada Cup - FIS Series & Championships MO/DM – 7 scoring judges, 1 Head Judge
- Canada Cup - Development Series HP/SS/BA - 3-5 scoring Judges, 1 Head Judge
- Canada Cup - Development Series MO/DM - 5-7 Judges, 1 Head Judge
- Junior Nationals Championship MO/DM - 7 Judges, 1 Head Judge
- Junior Nationals Championship SS/BA/HP - 5 Judges, 1 Head Judge
  
- For Moguls, The Head Judge and at least 1 judge assigned to turns and 1 judge assigned to airs shall be available for a minimum of 15 minutes after the awards presentation to answer questions from the coaches (or longer if the Head Judge requests to field any

questions comments or concerns with regard to the competition results or official protests).

- For P&P, The Head Judge and at least 1 judge assigned to each panel (if split panel) shall be available for a minimum of 15 minutes after the awards presentation to answer questions from the coaches (or longer if the Head Judge requests to field any questions comments or concerns with regard to the competition results or official protests).

## 21. Judges Stand

- The Judges stand should provide a heating source. Ideally electrical, if an electrical heater is not available, please avoid any open flame system. If a propane space heater is used, make sure it is safely installed and has indirect heating ( i.e. no open flame on or under the judges' stand).



Example of an indirect heating system.

- The temporary judges' tower must be safe for judges, athletes, coaches, and volunteers. It is recommended to install stabilizers in front and behind the scaffolding or attach it using cables anchored to concrete blocks or underground. The LOC must provide safe scaffolding for the judges' tower during the events.
- There must be a toilet and/or washrooms within 2 minute walk of the judges' stand.

## C. Canada Cup rules

### 22. ICR

The Canada Cup Rules are guided by the FIS ICR. When the ICR and Canada Cup rules conflict, the Canada Cup rules will take precedence.

## **23. Rule understanding**

The competitor and the coach are required to familiarize himself with these rules, must respect all the rules and instructions of the host ski resort as well as all special instructions issued by either the TD or the LOC.

## **24. Recognized P/TSOs**

The recognized P/TSOs who are eligible for spots quotas are the following : Freestyle Alberta, Freestyle BC, Freestyle Manitoba, Freestyle Nova Scotia, Freestyle Ontario, Freestyle Saskatchewan, Freestyle Yukon and Ski Acro Québec.

## **25. Team Captain & Official Team Captains' Meetings (TCM)**

The team captain is the person appointed by the club/team to represent its athletes and coaches during the Team Captains' meeting (TCM). The purpose of these meetings is to discuss and communicate all relevant information about the competition and make any decisions if needed. Each athlete registered for an event must be represented by a team captain at the TCM. If the team captain is not present and a vote is taken, they lose their right to speak on that vote (1 vote per team).

The time and location of the TCM must be clearly communicated in advance to all teams. TCM must be held in a well-lit room large enough to accommodate the team leaders, the jury, the judges and the LOC members, and have a sufficiently low noise level to allow for exchanges and the communication of important information or a recognized online meeting platform.

Alcohol is not permitted during the official meeting, nor permitted in the presence of athletes and/or minors during all official event activities.

## **26. Bibs**

The competitor must wear his bib (in a visible manner) at all times on the competition site. This includes during official training sessions including course inspection, during the competition and during the medal ceremony.

The competitor is responsible to keep the bib in a reasonable condition and bring it back to the LOC when specified. The competitor is also responsible for following the bib policy detailed in the event invite.

## **27. Communication with an athlete**

Any official wishing to speak to an athlete about any situation must do so in the presence of a witness.

## **28. Interruption of Competition**

If there is an interruption of a competition, the competition should be resumed when conditions warrant. The results completed before the interruption will remain valid if it is possible to complete the competition on the same day.

Otherwise, the results prior to the interruption will be canceled except if the Qualifications or some phases or rounds of the finals have been fully completed. In that case, only the uncompleted Finals phases will be postponed but must be completed on the same competition site. If the Finals cannot be fully completed the results of the Qualifications or different phases of the Final will be valid. As listed in ICR 3060.2.4

## **29. Equipment**

For loss of equipment, please refer to ICR : P&P 3612.3 MO 4210.3.2 AE 4115.2

Important information for all disciplines : the use of ski brakes and a protective helmet are mandatory at all times on the course, during training and in competition. No exceptions to this rule will be tolerated.

For other rules concerning equipment : ICR will be the reference for FIS events.

\*For the Canada Cup - Development Series, the use of poles for P&P events will not be mandatory, but athletes will be judged in consequence.

## **30. Pace Set Time Rules**

- FIS events will use the current FIS rule 4207.2
- Canada Cup - development series & Canadian Junior Championships pace set will be calculated after the 1st run by taking the fastest time of the 3 best combined turns and

air scores (no speed points) per gender. Speed points will then be calculated by using this pace set TIME.

### **31. Timing**

FIS events must follow ICR requirements.

Development series events will ideally have back up electronic timing, and also are required to have back-up hand timing. It is recommended to use Time of Day settings in establishing lap times for runs. In the case that hand-timers are required the designated “A” hand timing will be used, unless the TD ascertains that the “B” hand timing is more accurate and will therefore be used in any need for hand timing.

### **32. Alterations to The Course**

Coaches and athletes are prohibited from making changes to the course without the permission of the Chief of Course and/or Chief of Competition and/or TD.

At the Canada Cup level coaches should provide feedback on course/jump safety, to the Chief of Course, Chief of Competition, the TD or the Connection coach as regular feedback throughout the day; formal feedback should be provided at Team Leaders Meetings.

### **33. Protests**

For FIS events, coaches should be familiar with the ICR 3050 regulations around protests. It may fall onto the TD to educate the coaches on this section if there is a problem which requires an official protest.

For non-FIS events at the Canada Cup level, in the event that a coach brings forward a concern to a member of the Jury, the Jury at the Canada Cup may consider the issue without having a complaint in writing. If needed, the Jury will make a decision on the protest. The Jury members are responsible to share any issues under consideration with the TD prior to confirming a decision.

### **34. Use of Video for Disputes**

The Jury may view video to resolve disputes or to determine needs for a rerun. Although DD may be corrected, judge scores CANNOT be altered based on video review.

Video review may be used to resolve disputes for assigned degree of difficulty of a jump, as long as the case is presented to a jury member prior to the approval of the official results and approved by the Head Judge.

### 35. Disciplinary Matters

If anyone (including coaches, athletes, officials and parents) on the field of play or within the context of the event presents unacceptable behaviour, members of the Jury and Freestyle Canada representatives are expected to apply Freestyle Canada's Code of Conduct and Discipline and Conduct policy. Depending on the severity of the behaviour, a disqualification and/or expulsion from the competition site may be warranted.

All incidents shall be documented and shared by the TD to FC for revision, and may be passed along to the next LOC and Jury. Further consequences may follow after investigation.

Members of the Jury or a Freestyle Canada representative can act on an incident they have seen or heard from another official on the competition site.

#### **IMPORTANT NOTICE**

Please note that there will be **ZERO TOLERANCE** for any offensive language or behaviour during the event. Any damages or disruption to hotel, facilities or other property related to this event will result in the offender(s) being immediately removed from the event

For more details:

[FC's Code of Conduct and Ethics](#)

[FC's Discipline and Complaints Policy](#)

### 36. LIABILITY AND ACCIDENT INSURANCE

All athletes, officials and other members of the regions who attend and participate in the event shall do so at their own risk. Every competitor is required to have his/her own medical and life insurance that is adequate and covers the manoeuvres being performed in training and competition. All athletes, coaches, officials and volunteers must have a valid FC membership. The organizing committee, the P/TSO, Freestyle Canada and the resort shall not be responsible for accidents, damaged or lost equipment and belongings and/or second- or third-party claims during the staging of the event. All participants are urged to protect and safeguard their personal belongings at all times. In case of an accident, the athlete's coach is responsible to file

an accident report to Freestyle Canada.

### 37. Air Qualifications

- For all Freestyle Canada members, Air Qualification is required for all inverted maneuvers, as designated by a qualified Air coach.
- Only for non-FIS events, 5 random verifications of air qualification will be done by the TD.

For purposes of clarification Misty, Rodeo, Flat Spin, Flair, Cork, Bio and Underflip are all considered by FC to be inverted maneuvers

- An athlete that has qualified an invert with a twist can perform all inverts with twists in that axis (this applies for back or front or side-ways inverts)
- For Park and Pipe, an athlete that has qualified a double invert with a twist can perform all double inverts with twists in that axis (this applies for back or front or side-ways inverts)

### 38. Specific rules : Canada Cup - development series

- Moguls : No Repeats for same jump categories (ex: can't do a back tuck and a back flip mute grab. Can't do 7o & 7oG. Can't do a 360 and a 360 with a grab). Same category jumps are allowed with additional rotations or more difference (ex: 360 & 720, or 7o & 10o)
- For Dual Moguls in Development series and at Jr Nationals, FC has reviewed the points distribution to promote LTAD stage appropriate reward for athletes. The points shall be distributed as follows:

5 judges panel			7 judges panel		
Judge	Skill	Points	Judge	Skill	Points
1	Turns	5	1	Turns	5
2	Turns	5	2	Turns	5
3	Turns	5	3	Turns	5
4	Air	5	4	Turns	5
5	Overall	3 Speed, 1 air, 1 turn	5	Air	5
			6	Air	5
			7	Overall	3 Speed, 1



					air, 1 turn
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## D. EVENT FORMATS & QUOTAS

- There can be some variation in formats due to weather, field size and venue restrictions. Any changes to format at event time will be a jury decision and discussed at the first Team Captains Meeting.
- Organizers and the Jury are responsible to ensure that event formats are fair for both gender athletes.
- Formats must comply with the Canada Cup guidelines.
- Any changes in format or schedule must be a jury decision, discussed with FC's Event department.
- Provide equal safe, competitive experiences to each gender. Given quotas will be equal between genders at the start of the process.
- Unused Spots: Any unused spots may be moved to the other gender. Again, Freestyle Canada will manage this.

### 39. Moguls

FIS series (Apex / Panorama / Senior Nationals)	
FIELD SIZE & QUOTA	<ul style="list-style-type: none"> <li>Apex max Field Size : 120</li> <li>Apex max Canadian spots : 80</li> <li>Panorama max Field Size : 110</li> <li>Panorama max Canadian spots : 90</li> <li>Senior Nationals max Field Size: 120</li> <li>Senior Nationals max Canadian spots : 90</li> <li>Priority of quota allocation for Apex/Panorama FIS events: <ol style="list-style-type: none"> <li>National team athletes</li> <li>Every athlete that earned points on the 2024-2025 Mogul HPP ranking (if the athlete isn't taking the spot, it will go back as a discretionary spot for the P/TSO they registered with).</li> </ol> </li> </ul>

	<ol style="list-style-type: none"> <li>3. The 2024-2025 Canada Cup ranking will be used to select the following athletes</li> <li>4. 10 wild cards spots can be kept for injured athletes and fast tracking athletes (or up to remaining spots) - FC will evaluate each application</li> <li>5. If spots remain, FC will reach out to the P/TSOs (first come first served approach)</li> <li>6. Unused Canadian spots will go to Foreign athletes</li> </ol> <ul style="list-style-type: none"> <li>● Priority of quota allocation for FIS Senior Nationals: <ol style="list-style-type: none"> <li>1. National team athletes</li> <li>2. 25-26 HPP rankings following the last CDN NorAm event</li> <li>3. Remaining spots will be allocated according to the 25-26 Toyo Cup rankings following the last CDN NorAm event</li> <li>4. 10 wild cards spots can be kept for injured athletes and fast progressions cases (or up to remaining spots) - FC will evaluate each application</li> <li>5. If spots remain, FC will reach out to the P/TSOs (first come first served approach)</li> <li>6. Unused Canadian spots will go to Foreign athletes</li> </ol> </li> </ul>
<b>Timelines</b>	<p>Apex/Panorama FIS events:</p> <ol style="list-style-type: none"> <li>1. FC will send first list of spots to P/TSOs by OCT 15<sup>th</sup></li> <li>2. P/TSOs have until OCT 22<sup>nd</sup> to send Wild Card applications and confirm spots</li> <li>3. FC will confirm all spots by OCT 29<sup>th</sup></li> <li>4. Athletes need to register 3 weeks before start of event</li> </ol> <p>FIS Senior Nationals :</p> <ol style="list-style-type: none"> <li>1. FC will send first list of spots by MAR 2<sup>nd</sup></li> <li>2. P/TSOs have until MAR 4<sup>th</sup> to send Wild Card applications and confirm spots</li> <li>3. FC will confirm all spots by MAR 6<sup>th</sup></li> <li>4. Athletes need to register 3 weeks before start of event</li> </ol>
	<ul style="list-style-type: none"> <li>▪ FIS age/license required: DOB year 2012 and earlier (see ICR 2013)</li> <li>▪ All athletes should have the appropriate skill level for a FIS level course:</li> </ul>

<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>▪ <i>Guiding principle: Athletes should be top 1/3<sup>rd</sup> of their Provincial events AND able to compete one 360 and/or invert in a Train-to-Train level course.</i></li> <li>▪ Foreign athletes need to be registered by their National Ski Association and approved by Freestyle Canada.</li> </ul>
<b>FORMAT</b>	<ul style="list-style-type: none"> <li>▪ SINGLE MOGULS: <ul style="list-style-type: none"> <li>○ One run Qualification;</li> <li>○ Top 16 advance to finals 1</li> <li>○ Top 6 advance to finals 2 - medal round</li> </ul> </li> <li>▪ DUAL MOGULS: <ul style="list-style-type: none"> <li>○ Duals from the start : FIS points for seeding and results of Singles</li> </ul> </li> </ul> <p><b>**Formats and Finals field size can be adjusted by the Jury in consultation with a Freestyle Canada representative.</b></p>
<b>Development series (Canyon / Calabogie)</b>	
<b>FIELD SIZE &amp; QUOTA</b>	<ul style="list-style-type: none"> <li>▪ Max Field Size: 90</li> <li>▪ Priority of quota allocation: <ol style="list-style-type: none"> <li>1. 15 spots per P/TSO</li> <li>2. Remaining spots, for P/TSOs requesting more, will be distributed by round Robin using membership for run order (P/TSO percentage of athlete licenses from 2024-2025 season for the following categories U12 - U14 - U16 - U18)</li> <li>3. Open registration 3 weeks before the start of the event</li> </ol> </li> </ul>
<b>Timelines</b>	<ol style="list-style-type: none"> <li>1. FC allocates 15 spots per P/TSO</li> <li>2. P/TSOs confirm base quota spots received and if requesting more by OCT 22<sup>nd</sup></li> <li>3. FC confirms final spot quota by OCT 29<sup>th</sup></li> <li>4. P/TSOs confirm athlete list 1 month before start of event</li> <li>5. Athletes need to register 3 weeks before start of event</li> </ol>
<b>ELIGIBILITY</b>	<p>Must have at minimum a FC Provincial level athlete license and be registered. PSOs and coaches need to make sure athletes are ready to take on the course specifications and relative skill level required.</p> <ul style="list-style-type: none"> <li>▪ Age categories:</li> </ul>

	<p>U14 (12 &amp; 13) U16 (14 &amp; 15) U18+ (16+) Age categories based on January 1<sup>st</sup> 2026</p> <ul style="list-style-type: none"> <li>▪ Age categories can be merged if needed as per Canada Cup Guidelines 8.</li> </ul>
<b>FORMAT</b>	<ul style="list-style-type: none"> <li>• SINGLES: <ul style="list-style-type: none"> <li>○ Best of 2 runs</li> </ul> </li> <li>• DUALS: <ul style="list-style-type: none"> <li>○ Dual from the start, seeded from Single event, run by age category.</li> <li>○ 2 best U14, 3 best U16 and 3 best U18 will face off in an overall bracket (if time available)</li> <li>○ Ski lane will be attributed as per ICR 4310.3.1.2</li> <li>○ For duals the time points will be allocated as per point 38 of this document.</li> </ul> </li> </ul>
<b>Canadian Junior Championships</b>	
<b>FIELD SIZE &amp; QUOTA</b>	<ul style="list-style-type: none"> <li>▪ Max Field Size: 100</li> <li>▪ Canadian Junior Championships Freestyle Skiing Championships Quota will be given to P/TSOs for each athlete to enter all 3 AE/MO/DM events, not by discipline (refer to Junior National Quota policy)</li> </ul>
<b>Timelines</b>	refer to junior quota policy
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>▪ Age categories: <p>U14 (12 &amp; 13) U16 (14 &amp; 15) U18 (16 &amp; 17)</p> <p>Age categories based on January 1<sup>st</sup> 2026</p> </li> <li>▪ Age categories can be merged if needed as per Canada Cup Guidelines 8.</li> <li>▪ Aerials: 25 spots are to be saved for the Aerial specialist athletes for the Aerial event only</li> </ul>

	<ul style="list-style-type: none"> <li>Age exemptions are available on a case-by-case request to FC. Exemptions can be requested considering they meet quota criteria and minimum skill level for the Train-to-Train stage.</li> </ul>
<b>FORMAT</b>	<ul style="list-style-type: none"> <li>SINGLES: <ul style="list-style-type: none"> <li>Best of 2 runs</li> </ul> </li> <li>DUALS: <ul style="list-style-type: none"> <li>Dual from the start, seeded from Single event, run by age category. <ul style="list-style-type: none"> <li>Ski lane will be attributed as per ICR 4310.3.1.2</li> </ul> </li> </ul> </li> <li>AERIALS: <ul style="list-style-type: none"> <li>Best 2 different jumps of 3 jumps.</li> <li>Can repeat 1 jump</li> <li>Upright mogul jump maneuvers (ie Twisters, Spread, Daffy etc.), loops, grabs and off-axis jumps will not be scored; however, upright tuck and pike jumps, and straight rotations (360s and 720s) will be scored for athletes not ready to perform inverts.</li> </ul> </li> </ul>

#### 40. Park & Pipe

FIS series (Sun Peaks / Wentworth)	
<b>FIELD SIZE &amp; QUOTA</b>	<ul style="list-style-type: none"> <li>Max Field Size: 100</li> <li>Maximum of 90 Canadian spots</li> <li>Maximum of 81 athletes in one gender</li> <li>Priority of quota allocation: <ol style="list-style-type: none"> <li>National team athletes</li> <li>Top 15 P/TSO athletes by gender on the 2024-2025 SS/BA HPP ranking (if the athlete isn't taking the spot, it will go back as a discretionary spot for the P/TSO they registered with).</li> <li>The 2024-2025 Canada Cup ranking will be used to select the following athletes</li> </ol> </li> </ul>

	<ol style="list-style-type: none"> <li>4. 10 wild cards spots can be kept for injured athletes and fast progressions cases (or up to remaining spots) - FC will evaluate each application</li> <li>5. If spots remain, FC will reach out to the P/TSOs (first come first served approach)</li> <li>6. Unused Canadian spots will go to Foreign athletes</li> </ol>
<b>Timelines</b>	<p>Sun Peaks/Wentworth FIS events:</p> <ol style="list-style-type: none"> <li>1. FC will send first list of spots to P/TSOs by OCT 15<sup>th</sup></li> <li>2. P/TSOs have until OCT 22<sup>nd</sup> to send Wild Card applications and confirm spots</li> <li>3. FC will confirm all spots by OCT 29<sup>th</sup></li> <li>4. Athletes need to register 3 weeks before start of event</li> </ol>
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>▪ FIS age/license required: DOB year 2012 and earlier (see ICR 2013)</li> <li>▪ All athletes should have the appropriate skill level for a FIS level course:</li> <li>▪ <i>Guiding principle: Athletes should be top 1/3<sup>rd</sup> of their Provincial events</i></li> <li>▪ Foreign athletes need to be registered by their National Ski Association and approved by Freestyle Canada.</li> </ul>
<b>FORMAT</b>	<ul style="list-style-type: none"> <li>▪ Qualifications Slopestyle/Big Air <ul style="list-style-type: none"> <li>○ Best of 2 runs/jumps</li> <li>○ Heats of 20 - 30* <ul style="list-style-type: none"> <li>*Heats may go to 35 if approved by FC director of events and Head Judge</li> </ul> </li> <li>○ Use up-to-date ranking to evenly distribute top ranked athletes in attendance.</li> </ul> </li> <li>▪ FINAL Slopestyle/Big Air : <ul style="list-style-type: none"> <li>● Top 40% of Qualification results move to Finals, composed of a minimum of 4 and a maximum of 21 athletes.</li> <li>● Best of 2 runs for Slopestyle</li> <li>● Best 2 of 3 jumps, with 2 different direction jumps counting for final rankings for Big Air.</li> <li>● # of heats and # of athletes to be decided at the first Team Captains meeting - dependent on registration &amp; final field sizes.</li> </ul> </li> </ul>

	<p>*For slopestyle : FC highly recommends qualifications and finals run on 2 separate days</p> <p>*If one gender has less than 6 athletes entered, the jury, in consultation with Freestyle Canada, may decide to run 2 separate Best of 2 run Slopestyle events, over the 2 days of competition</p>
<b>Development series (Winsport / Horseshoe)</b>	
<b>FIELD SIZE &amp; QUOTA</b>	<ul style="list-style-type: none"> <li>▪ Max Field Size: 90</li> <li>▪ Priority of quota allocation: <ol style="list-style-type: none"> <li>1. 10 spots per P/TSO</li> <li>2. Remaining spots, for P/TSOs requesting more, will be distributed by round Robin using membership for run order (P/TSO percentage of athlete licenses from 2024-2025 season for the following categories U12 - U14 - U16 - U18)</li> <li>3. Open registration 3 weeks before the start of the event</li> </ol> </li> </ul>
<b>Timelines</b>	<ol style="list-style-type: none"> <li>1. FC allocates 10 spots per P/TSO</li> <li>2. P/TSOs confirm base quota spots received and if requesting more by OCT 22<sup>nd</sup></li> <li>3. FC confirms final spot quota by OCT 29<sup>th</sup></li> <li>4. P/TSOs confirm athlete list 1 month before start of event</li> <li>5. Athletes need to register 3 weeks before start of event</li> </ol>
<b>ELIGIBILITY</b>	<p>Must have at minimum a FC Provincial level athlete license and be registered. PSOs and coaches need to make sure athletes are ready to take on the course specifications and relative skill level required.</p> <ul style="list-style-type: none"> <li>▪ Age categories: <ul style="list-style-type: none"> <li>U14 (12 &amp; 13)</li> <li>U16 (14 &amp; 15)</li> <li>U18+ (16+)</li> </ul> <p>Age categories based on January 1<sup>st</sup> 2026</p> </li> <li>▪ Age categories can be merged if needed as per Canada Cup Guidelines 8.</li> </ul>
<b>FORMAT</b>	<ul style="list-style-type: none"> <li>▪ Best of two runs/jumps</li> </ul>

	<ul style="list-style-type: none"> <li>▪ Heats by gender, ages categories will be mixed for heats*</li> </ul> <p>*Age categories can be merged in one heat, when needed.</p>
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Canadian Junior Championships	
<b>FIELD SIZE &amp; QUOTA</b>	<ul style="list-style-type: none"> <li>▪ Field Size: 100</li> <li>▪ Canadian Junior Championships Freestyle Skiing Championships Quota will be given to P/TSOs for each athlete to enter all 3 HP/SS/BA events, not by discipline (refer to Junior National Quota policy)</li> </ul>
<b>Timelines</b>	refer to junior quota policy
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>▪ Age categories: U14 (12 &amp; 13) U16 (14 &amp; 15) U18 (16 &amp; 17) Age categories based on January 1<sup>st</sup> 2026</li> <li>▪ Age categories can be merged if needed as per Canada Cup Guidelines 8.</li> <li>▪ Half-pipe specialists are welcome to participate with NSO approval.</li> <li>▪ Age exemptions are available on a case-by-case request to FC. Exemptions can be requested considering they meet quota criteria and minimum skill level for the Train-to-Train stage.</li> </ul>
<b>FORMAT</b>	<ul style="list-style-type: none"> <li>○ Best of two runs/jumps</li> <li>○ Heats by age categories/gender*</li> </ul> <p>*Age categories can be merged in one heat, when needed.</p>

## 41. Aerials

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Canadian Aerials Championships	
<b>FIELD SIZE &amp; QUOTA</b>	<ul style="list-style-type: none"> <li>▪ No field size or quota restrictions</li> </ul>
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>▪ No Eligibility criteria.</li> <li>▪ Can be run as a separate 'Senior' Category at the same time as the Junior or Provincial Event.</li> </ul>
<b>FORMAT</b>	<ul style="list-style-type: none"> <li>▪ Best 2 different jumps of 3 jumps.</li> <li>▪ Can repeat 1 jump</li> </ul>

## Annexe

### 42. Out of Country / Foreign Quotas Canada Cup Athlete Policy

Foreign athlete's coaches or National SKi Associations who wish to compete in a Canada Cup - FIS Series competition should e-mail their request to Julien Dufresne (julien@freestylecanada.ski) with their intent to ski (specific to each competition they wish to participate at).

- Six weeks before the start of official training for each competition, Freestyle Canada will rank the requests from foreign athletes based on their FIS points.
- Priority will be based on FIS points
- The next ranked athletes per gender will be offered unfilled spots or added to the waiting list.
- Three weeks before the first day of official training, those on the waiting list will have their rankings updated and any further available spots will be offered.
  - The top athletes are invited to register (and pay) and those below the line are notified that they are on the waitlist
  - New requests are added to the pending list and the FIS points are again noted for each foreign athlete.
  - Remaining available spots are offered to the athletes in descending order on the list.