



**LAKELAND
REGION
2026**

Alberta Winter Games

FREESTYLE SKIING
KINOSOO RIDGE SKI RESORT



Saturday, February 14, 2026

Official Training / Event

	Start	End	Duration	Event	Location
MO	8:15 AM	-	8:30 AM	0:15 Athlete Arrival	Main Lodge
	8:00 AM	-	9:00 AM	1:00 Course Preparation and Chop	
	9:00 AM	-	9:15 AM	0:15 Course Inspection	
	9:15 AM	-	10:45 AM	1:30 Official Mogul Training	
	10:45 AM	-	11:45 AM	1:00 Lunch (Bag Lunch)	
	10:45 AM	-	11:00 AM	0:15 Course Preparation and Slip	
	11:00 AM	-	2:00 PM	3:00 Men's and Women's Run 1 & 2	
SS	2:00 PM	-	2:30 PM	0:30 Officials Break	DAY LODGE
	2:30 PM	-	3:30 PM	1:00 Official Slopestyle Training	
	3:45 PM	-	4:00 PM	0:15 Medal Ceremony	SLOPESTYLE COURSE
	4:00 PM	-	4:15 PM	0:15 Athletes Depart	

Sunday, February 15, 2026

Official Training / Event

	Start	End	Duration	Event	Location
SS	8:30 AM	-	8:45 AM	0:15 Athlete Arrival	Main Lodge
	8:30 AM	-	9:15 AM	0:45 Course Preparation	
	9:15 AM	-	10:45 AM	1:30 Official Slopestyle Training	
	10:45 AM	-	11:45 AM	1:00 Lunch	
	10:45 AM	-	11:00 AM	0:15 Course Preparation	
	11:00 AM	-	2:00 PM	3:00 Men's and Women's Run 1 & 2	
	2:00 PM	-	3:00 PM	1:00 Results Verification	
	3:15 PM	-	3:30 PM	0:15 Medal Ceremony	
WEATHER DAY		3:30 PM	-	3:45 PM	0:15 Athletes Depart

Monday, February 16, 2026

Weather Day

	Start	Finish	Duration	Event	Location
	8:30 AM	-	8:45 AM	0:15 Athlete Arrival	Main Lodge
	8:15 AM	-	9:00 AM	0:45 COURSE PREP	
	9:00 AM	-	9:30 AM	0:30 TRAINING	
	9:30 AM	-	11:00 AM	1:30 COMP RUN 1 & 2	
	11:00 AM	-	11:15 AM	0:15 ATHLETES DEPART	